



## Girls on the Run® Simcoe County Inc. Coaching Application

Thank you for your interest in *Girls on the Run*®. We appreciate you taking the initiative to learn more about the program and offer your assistance. Please complete the following form and return it to the address listed below. Once the completed application is received and reviewed, we will contact you about the possible coaching or co-coaching opportunity.

LAST NAME	FIRST NAME
STREET ADDRESS	
CITY	PROVINCE
HOME PHONE	
EMPLOYER & WORK PHONE	
EMAIL ADDRESS	BIRTH DATE

**I am interested in serving as a *Girls on the Run*®**

Head Coach

Co-Coach (assists Head Coach)

Assistant (does not teach any lessons, assists Head/Co-Coach)

**If you are interested in coaching or co-coaching, are you able to commit to regular attendance at GOTR sessions (2 times a week for 10 weeks)?**

Yes  No



**5. How would you describe your lifestyle?**

**a. What do you do to maintain balance in your life?**

**b. How do you spend your free time?**

**c. What is your attitude towards alcohol, cigarettes, and marijuana?**

**6. As a coach or volunteer, what is the one thing that you want girls to specifically learn from you?**

**7. Why would you be a good role model for girls?**

8. Are you First Aid Certified through June 2008? Yes\_\_ No\_\_  
Are you CPR Certified through June 2008? Yes\_\_ No\_\_

❖ If yes, please attach a copy of your current certification

9. Is there anything else you would like Girls on the Run Simcoe County to know about you?

10. Adult shirt size (please circle one):

SM M L XL 2XXL

11. References (Please list two):

NAME	CONTACT INFORMATION	RELATIONSHIP

Mail completed questionnaire to: Girls on the Run Simcoe County Inc.  
Attn: Ann Jackson  
P.O. BOX 862  
Beeton, ON L0G 1A0

Please attach a current Police Screening Check with this application. If you do not have a current check, please fill in a Police Screening application and return with this application. GOTR Simcoe will have the screening processed. Thank you

*To prepare and educate girls for a lifetime of self-respect and healthy living!*